PRIMÁRIO CLÍNICA DE ATENDIMENTO

Serviços de Tratamento

- Doenças agudas e crônicas
- Exames de saúde anual
- Exames de saúde geral
- Exames físicos pré-emprego
- Exames de identificação de drogas e álcool
- Avaliação e conselhos pré-viagem
- Atualizar o status de vacinação
- Educação e conselhos

DERMATOLOGIA CLÍNICA

Serviços de Tratamento

- Consultoria sobre todos os problemas cutâneos (adultos e crianças)
- Tratamento de problemas de cabelo e unhas
- Moldeamento de manchas/Moldeamento cutâneo
- Tratamento de verrugas e manchas
- Injeções de Botox e recheio
- Tratamento de mesoterapia
- Tratamento PRP ( Plasma platelet rich )
- Resurfacing a laser, remoção de cabelo
- Tratamento a laser para Rosácea, pigmentação, apertamento de pele (rejuvenescimento)
- Avaliação e tratamento para câncer de pele
- Tratamento Moh’s para câncer de pele
PLASTIC SURGERY CLINIC *

Treatment Services

- **Skin**
  - Diagnosis & treatment of skin cancer
  - Removal of benign skin lesions (moles, lipomas, cysts)
  - Scar revision
  - Plastic surgery repair of lacerations

- **Hand**
  - Treatment of Dupuytren’s disease
  - Diagnosis & treatment of nerve compressions (carpal tunnel syndrome etc)
  - Treatment of ganglions
  - Treatment of trigger finger
  - Treatment of emergency hand injuries

- **Breast Reconstruction** (Post-Mastectomy)

- **Cosmetic Surgery**

- **Non-Surgical**
  - Botulinum toxin & fillers
  - Laser treatments

- **Surgical**

- **Cosmetic Facial Surgery**
  (Facelift, brow lift, blepharoplasty)

- **Cosmetic Breast Surgery**
  (Breast augmentation, Breast reduction, Breast lift, etc)

- **Cosmetic Body Contouring**
  (Liposuction, abdominoplasty, genital surgery)

* Please note that all surgeries will be performed at American Hospital Dubai, Oud Metha

* Please ask your physicians for details on specific procedures, tests, and surgeries which will be done at AHD and how will this affect your visits to DMC
CARDIOLOGY CLINIC *
Treatment Services

- Cardiology and Vascular consultation
- ECG (short and long rhythm)
- Transtelephonic Arrhythmia Monitor (1 to 4 weeks)
- 2D Echocardiogram
- Tilt table test
- Vascular Ultrasound
- Lipid clinic
- Cardiothoracic surgery consultation
- 24 hour Holter monitor
- 24 hour BP monitor
- Transesophageal Echocardiogram
- Exercise Stress Test
- Nuclear Stress Test
- Pacemaker / AICD interrogation and management
- Cardiac Rehab including smoking cessation
- Warfarin clinic

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**VASCULAR SURGERY CLINIC**

Treatment Services

- Treatment of varicose veins Including the use of:
  - Sclerotherapy
  - Laser therapy
  - Surgical Correction

- Treatment of Peripheral vascular disease
- Lymphoedema treatment
- Treatment of Aneurysms

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**OBSTETRICS AND GYNECOLOGY CLINIC**

Treatment Services

- General and High-Risk Obstetrics
- General Gynecology
- Colposcopy and Outpatient and Inpatient Treatment of Pre-Invasive Lesions of the Cervix
- Operative Laparoscopic Procedures (Minimal Invasive Surgery)
- Menopause
- Women’s Health Problems
- Urinary incontinence
- Ovarian cysts and tumors
- Removal of fibroids
- Infertility, checking the condition and patency of the fallopian tubes, and lysis of adhesions
- Endometriosis
- Intraperitoneal hemorrhage
- Polycystic ovaries
- Pelvic infection
- Sterilization (laparoscopic sterilization)
- Diagnosis and treatment of some uterine anomalies
- Evaluation and removal of pelvic lymph nodes
- Extrauterine gravidity
- High level gynaecology ultrasound scan

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ORTHOPEDICS CLINIC

Treatment Services

• Uni Knee – for partial erosion of the joint surface
• Legacy LPS Flex – for joint surface erosion but still have full flexion ability
• The Nexgen System – for joint surface erosion but only partial flexion ability
• Legacy CCK – for advanced stage of bone erosion
• Versus System – latest artificial hip joint replacement
• Orthopedic Trauma Management
• Joint Replacement Surgery of the Hip and Knee Joints
• Acute and Reparative Management of Joint Dislocations
• Arthroscopic Shoulder Surgery for the treatment of Rotator Cuff Tears and Impingement Syndrome
• Resurfacing shoulder prosthesis with minimal bone resection
• Reverse Shoulder Prosthesis
• Treatment of all types of Shoulder Instability (Arthroscopic and Open)
• Arthroscopic resection of Acromio Clavicular joint
• Suspension Arthroplasty for 1ST CMC Joint Arthrosis
• Repair of Scaphoid Bone Non-Union
• Acute tendons repair and reconstructions of hand tendons
• De-Qurvian syndrome release
• Carpal Tunnel Syndrome release (endoscopic and micro surgical)
• Dupuytren’s contractures
• Ganglion excisions (primary and recurrent)

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PEDIATRIC CLINIC
Treatment Services

- Well baby care
- Child development assessment
- School entrance physicals
- Immunization programs
- Health education and promotion
- Acute care of the sick child
- Food allergies, eczema and asthma
- Chronic disease management
- Education and advice
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PEDIATRIC ENDOCRINOLOGY CLINIC

Treatment Services

- Abnormal growth
- Abnormal hypothalamic and pituitary function
- Adrenal and gonadal disorders
- Calcium disorders
- Congenital adrenal hyperplasia
- Diabetes insipidus
- Diabetes mellitus
- Comprehensive Diabetes Care
- Insulin Pump Therapy
- Continuous Glucose Monitor (GCM)
- Diseases and deficiencies of the thyroid
- Hypoglycemia
- Precocious puberty
- Psychosocial dwarfism
- Sexual ambiguity
**PHYSIOTHERAPY**

Treatment Services

- Education and re-education (posture and ergonomics, lifestyle, activities of daily living and sport activities, orthotics/prosthesis, assistive devices, healing regime etc.)
- Electrotherapy (galvanic, low frequency, mid frequency currents)
- Complex physiotherapy in autonomic (vegetative) dysfunctions (cardio-respiratory, genitourinary, digestive system etc)
- LASER therapy (Low Level LASER Therapy)
- Magnetic field therapy (pulse magnetic field)
- Manual therapy (soft tissues techniques, joint mobilizations and manipulations, manual tractions, MDT, reflex therapy etc.)
- Passive mechanical therapy (ultrasound, tractions, tilt tables, passive motion machines etc.)
- Positioning (corrective and preventive positioning, autonomic stimulation etc.)
- Taping (kinesiotaping, corrective taping)
- Therapeutic exercise (postural training, dynamic segmental stabilization techniques, coordination and balance, strength, flexibility, endurance etc.)
- Thermotherapy (positive and negative)
- Treatment combinations
- Mobility and gait training

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UROLOGY CLINIC *

Treatment Services

- Stones
  - All kinds of contemporary treatment options including shock wave treatment, endoscopy, minimally invasive surgeries
  - Stone metaphylaxis/metabolic evaluation, interdisciplinary management

- Prostate
  - Enlarged prostate: medical, surgical management including new minimally invasive operations
  - Prostate cancer screening, including state of the art techniques for prostate fusion biopsy, molecular markers, prostate MRI
  - Interdisciplinary Uro-Oncology cooperation with Radiotherapy Department
  - Chronic prostate infection/pelvic pain, including ESWT (extracorporeal shock wave treatment)
  - Permanent Prostate stents

- Bladder
  - Urinary incontinence in males and females, all kinds of diagnostics and operative management, cooperation with Physiotherapy
  - Over active bladder/all functional disorders
  - Sacral neuromodulation (SNM)
  - Bladder cancer screening, including most recent molecular markers,
  - State of the art blue light cystoscopy/operation
  - Bladder cancer treatment, including interdisciplinary case management
  - Urinary tract infections
  - Neuro-Urology, in particular for patients with underlying neurological diseases

- Male infertility/erectile dysfunction/impotence, Andrology
  - All related tests, treatments
  - ESWT (extracorporeal shock wave therapy) for certain kinds of ED
  - All related surgical treatments
  - All kinds of testicular diseases
  - STD screening and treatment

- Kidney/ureter
  - All kinds of laparoscopic operations, including partial nephrectomy
  - Permanent ureter stents

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**BLOOD COLLECTION**
- Blood extraction as requested by your Physician

**MEDICAL IMAGING**
- X-ray
- Ultrasound coming soon

**WALK-IN PATIENTS ARE ACCEPTED**

For appointment, please call
+971 4 377 5500

For general enquiries, please call
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