



DUBAI MEDIA CITY CLINICS
MEDICAL SERVICES



عيادات المستشفى الأمريكي
AMERICAN HOSPITAL CLINICS
DUBAI دبي
ميديا سيتي
MEDIA CITY

www.ahdubai.com

PRIMARY CARE CLINIC

Treatment Services

- All acute and chronic illnesses
- Annual check-up/physical examinations
- General health check-up
- Pre-employment physicals
- Drug and alcohol screening
- Pre-travel assessment and advice
- Update immunization status
- Education and advice

DERMATOLOGY CLINIC

Treatment Services

- Consultation for all skin problems (Adults and Children)
- Treatment of hair and nail problems
- Mole mapping/ Mole Screening
- Wart and mole treatment
- Botox and filler injection
- Mesotherapy Treatment
- PRP (Platelet Rich Plasma) Treatment
- Laser Resurfacing, Hair removal
- Laser treatment Rosacea, Pigmentation, Skin Tightening (Rejuvenation)
- Screening and treatment for Skin Cancer
- Moh's treatment for Skin Cancer



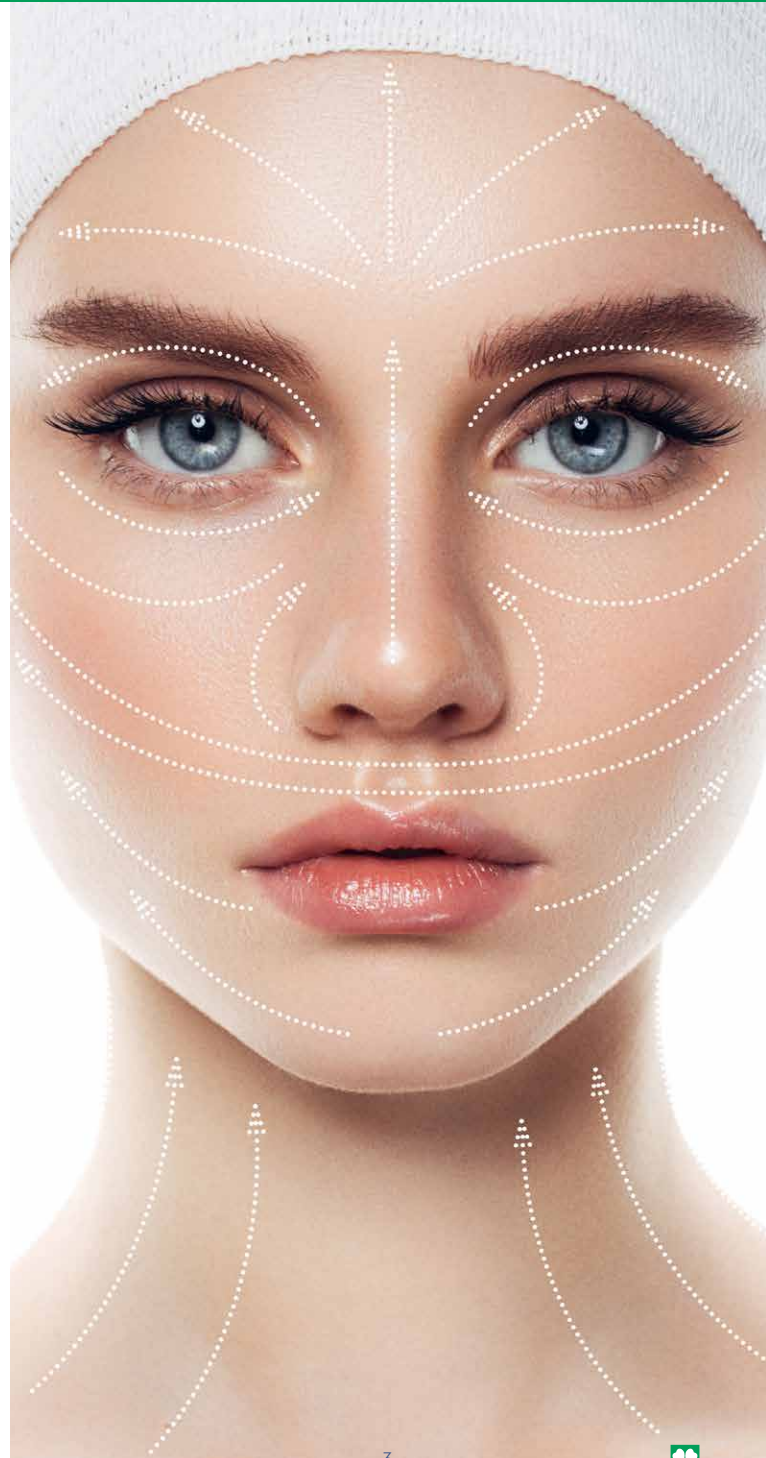
PLASTIC SURGERY CLINIC *

Treatment Services

- **Skin**
 - Diagnosis & treatment of skin cancer
 - Removal of benign skin lesions (moles, lipomas, cysts)
 - Scar revision
 - Plastic surgery repair of lacerations
- **Hand**
 - Treatment of Dupuytren's disease
 - Diagnosis & treatment of nerve compressions (carpal tunnel syndrome etc)
 - Treatment of ganglions
 - Treatment of trigger finger
 - Treatment of emergency hand injuries
- **Breast Reconstruction** (Post-Mastectomy)
- **Cosmetic Surgery**
- **Non-Surgical**
 - Botulinum toxin & fillers
 - Laser treatments
- **Surgical**
- **Cosmetic Facial Surgery**
(Facelift, brow lift, blepharoplasty)
- **Cosmetic Breast Surgery**
(Breast augmentation, Breast reduction, Breast lift, etc)
- **Cosmetic Body Contouring**
(Liposuction, abdominoplasty, genital surgery)

* Please note that all surgeries will be performed at American Hospital Dubai, Oud Metha

* Please ask your physicians for details on specific procedures, tests, and surgeries which will be done at AHD and how will this affect your visits to DMC



CARDIOLOGY CLINIC *

Treatment Services

- Cardiology and Vascular consultation
- ECG (short and long rhythm)
- Transtelephonic Arrhythmia Monitor (1 to 4 weeks)
- 2D Echocardiogram
- Tilt table test
- Vascular Ultrasound
- Lipid clinic
- Cardiothoracic surgery consultation
- 24 hour Holter monitor
- 24 hour BP monitor
- Transesophageal Echocardiogram
- Exercise Stress Test
- Nuclear Stress Test
- Pacemaker / AICD interrogation and management
- Cardiac Rehab including smoking cessation
- Warfarin clinic

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VASCULAR SURGERY CLINIC*

Treatment Services

- Treatment of varicose veins Including the use of:
 - Sclerotherapy
 - Laser therapy
 - Surgical Correction
- Treatment of Peripheral vascular disease
- Lymphoedema treatment
- Treatment of Aneurysms



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OBSTETRICS AND GYNECOLOGY CLINIC *

Treatment Services

- General and High-Risk Obstetrics
- General Gynecology
- Colposcopy and Outpatient and Inpatient Treatment of Pre-Invasive Lesions of the Cervix
- Operative Laparoscopic Procedures (Minimal Invasive Surgery)
- Menopause
- Women's Health Problems
- Urinary incontinence
- Ovarian cysts and tumors
- Removal of fibroids
- Infertility, checking the condition and patency of the fallopian tubes, and lysis of adhesions
- Endometriosis
- Intraperitoneal hemorrhage
- Polycystic ovaries
- Pelvic infection
- Sterilization (laparoscopic sterilization)
- Diagnosis and treatment of some uterine anomalies
- Evaluation and removal of pelvic lymph nodes
- Extrauterine gravidity
- High level gynaecology ultrasound scan



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ORTHOPEDICS CLINIC *

Treatment Services

- Uni Knee – for partial erosion of the joint surface
- Legacy LPS Flex – for joint surface erosion but still have full flexion ability
- The Nexgen System – for joint surface erosion but only partial flexion ability
- Legacy CCK – for advanced stage of bone erosion
- Versus System – latest artificial hip joint replacement
- Orthopedic Trauma Management
- Joint Replacement Surgery of the Hip and Knee Joints
- Acute and Reparative Management of Joint Dislocations
- Arthroscopic Shoulder Surgery for the treatment of Rotator Cuff Tears and Impingement Syndrome
- Resurfacing shoulder prosthesis with minimal bone resection
- Reverse Shoulder Prosthesis
- Treatment of all types of Shoulder Instability (Arthroscopic and Open)
- Arthroscopic resection of Acromio Clavicular joint
- Suspension Arthroplasty for 1ST CMC Joint Arthrosis
- Repair of Scaphoid Bone Non-Union
- Acute tendons repair and reconstructions of hand tendons
- De-Quirvan syndrome release
- Carpal Tunnel Syndrome release (endoscopic and micro surgical)
- Dupuytren's contractures
- Ganglion excisions (primary and recurrent)

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PEDIATRIC CLINIC

Treatment Services

- Well baby care
- Child development assessment
- School entrance physicals
- Immunization programs
- Health education and promotion
- Acute care of the sick child
- Food allergies, eczema and asthma
- Chronic disease management
- Education and advice



PEDIATRIC ENDOCRINOLOGY CLINIC *

Treatment Services

- Abnormal growth
- Abnormal hypothalamic and pituitary function
- Adrenal and gonadal disorders
- Calcium disorders
- Congenital adrenal hyperplasia
- Diabetes insipidus
- Diabetes mellitus
- Comprehensive Diabetes Care
- Insulin Pump Therapy
- Continuous Glucose Monitor (GCM)
- Diseases and deficiencies of the thyroid
- Hypoglycemia
- Precocious puberty
- Psychosocial dwarfism
- Sexual ambiguity

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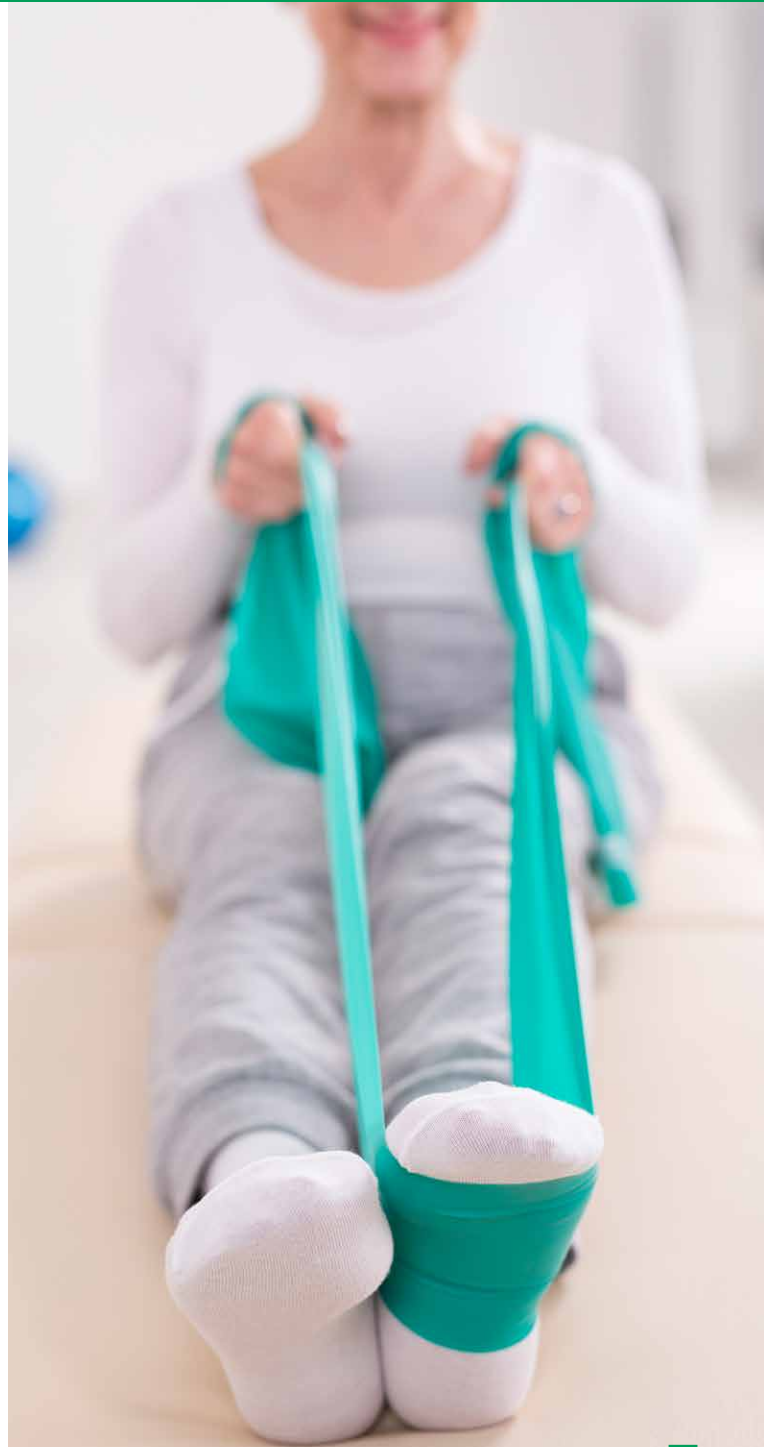
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PHYSIOTHERAPY *

Treatment Services

- Education and re-education (posture and ergonomics, life style, activities of daily living and sport activities, orthotics/prosthesis, assistive devices, healing regime etc.)
- Electrotherapy (galvanic, low frequency, mid frequency currents)
- Complex physiotherapy in autonomic (vegetative) dysfunctions (cardio-respiratory, genitourinary, digestive system etc)
- LASER therapy (Low Level LASER Therapy)
- Magnetic field therapy (pulse magnetic field)
- Manual therapy (soft tissues techniques, joint mobilizations and manipulations, manual tractions, MDT, reflex therapy etc.)
- Passive mechanical therapy (ultrasound, tractions, tilt tables, passive motion machines etc.)
- Positioning (corrective and preventive positioning, autonomic stimulation etc.)
- Taping (kinesiotaping, corrective taping)
- Therapeutic exercise (postural training, dynamic segmental stabilization techniques, coordination and balance, strength, flexibility, endurance etc.)
- Thermotherapy (positive and negative)
- Treatment combinations
- Mobility and gait training



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UROLOGY CLINIC *

Treatment Services

- **Stones**

- All kinds of contemporary treatment options including shock wave treatment, endoscopy, minimally invasive surgeries
- Stone metaphylaxis/metabolic evaluation, interdisciplinary management

- **Prostate**

- Enlarged prostate: medical, surgical management including new minimally invasive operations
- Prostate cancer screening, including state of the art techniques for prostate fusion biopsy, molecular markers, prostate MRI
- Interdisciplinary Uro-Oncology cooperation with Radiotherapy Department
- Chronic prostate infection/pelvic pain, including ESWT (extracorporeal shock wave treatment)
- Permanent Prostate stents

- **Bladder**

- Urinary incontinence in males and females, all kinds of diagnostics and operative management, cooperation with Physiotherapy
- Over active bladder/all functional disorders
- Sacral neuromodulation (SNM)
- Bladder cancer screening, including most recent molecular markers,
- State of the art blue light cystoscopy/operation
- Bladder cancer treatment, including interdisciplinary case management
- Urinary tract infections
- Neuro-Urology, in particular for patients with underlying neurological diseases

- **Male infertility/erectile dysfunction/impotence, Andrology**

- All related tests, treatments
- ESWT (extracorporeal shock wave therapy) for certain kinds of ED
- All related surgical treatments
- All kinds of testicular diseases
- STD screening and treatment

- **Kidney/ureter**

- All kinds of laparoscopic operations, including partial nephrectomy
- Permanent ureter stents

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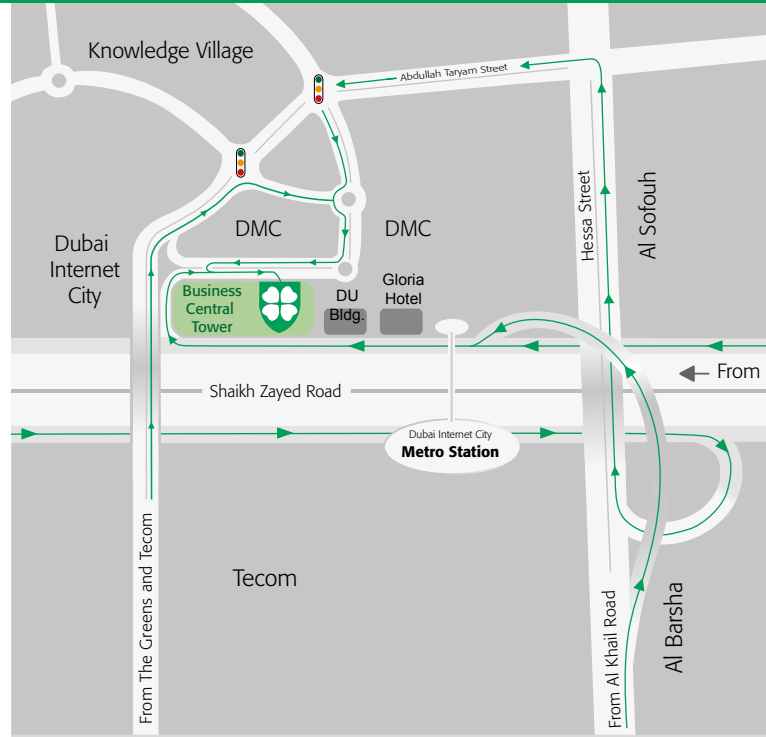


BLOOD COLLECTION

- Blood extraction as requested by your Physician

MEDICAL IMAGING

- X-ray
- Ultrasound coming soon



WALK-IN PATIENTS ARE ACCEPTED

For appointment, please call
+971 4 377 5500

For general enquiries, please call
+971 4 336 7777

Website
www.ahdubai.com





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