DELIVERING BETTER HEALTH IN THE MIDDLE EAST
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OUR FACILITIES

The American Hospital Dubai is a 254 bed, acute care, general medical/surgical hospital whose mission is to provide high quality American standard healthcare that will meet the needs and exceed the expectations of the people of Dubai, the UAE and the surrounding Gulf States.

The American Hospital Dubai was planned, designed, built and equipped to meet American Standards of healthcare.

We operate to these standards, every day, in everything we do for you. All of our physicians are American Board Certified or of equivalent Western training programs, Europe and the United Kingdom. We have ensured that we have the expertise to fulfill your medical requirements in comfortable and reassuring surroundings.
THE CANCER CARE CENTER

The Cancer Care Center at the American Hospital Dubai is a dedicated and first one-stop comprehensive center in Dubai providing a full range of Medical Oncology and Hematology services for all forms of cancers and blood disorders, with a dedicated team led by an American Board Certified Physicians.

The Comprehensive Cancer Care Center is designed to meet the needs of patients across the region and to deliver the highest standards of cancer care, with the latest treatment techniques and technology, supported by state of the art facilities.

We are the first in United Arab Emirates to offer PET/CT scanner, and radiation therapy services to patients. The ultra fast PET/CT (Siemens 64 slice PET/CT scanner) is an exceptionally powerful imaging tool providing the most accurate diagnosis, staging of cancer, determining the early response of a cancer treatment and recurrence of cancer.

The Radiation Therapy Department provides state-of-the-art treatment facilitated by an up-to-date RapidArc® Linear Accelerator that delivers accurate, intense and short radiation treatment.
TOTAL JOINT RECONSTRUCTION

The new Orthopedics and Total Joint Replacement Center at the American Hospital Dubai treats adults with a wide range of joint related conditions through a team of Western board certified specialists.

The team delivers orthopedic trauma management, joint replacement surgery of the hip and knee joints, acute and reparative management of joint dislocations, arthroscopic diagnostic and therapeutic surgery of knees and shoulders, as well as sports medicine and physiotherapy.

The Center has an outstanding regional and international reputation and was the first Total Joint Replacement Center in the Middle East, and only the fourth in the world. It is equipped with the latest technology, including a ‘Navigation System’ to assist in the accuracy of joint replacement and offers an extensive range of full and partial artificial joints.
NEW ADVANCED REHABILITATION CENTER

The new Advanced Rehabilitation Center is a dedicated facility located in the hospital’s new Bed Tower. With a total of 22 private rooms, the center provides patient-centric therapy and comprehensive patient care under one roof. The multidisciplinary team consists of more than 20 staff, including a physician specialist in neurological and spinal cord injuries, physiotherapist, occupational therapist, speech therapist and full-time specialty nurses.

The Advanced Rehabilitation Center provides specialty care for patients requiring long-term care for serious conditions such as stroke or spinal cord injuries, which may severely affect mobility, speech or other bodily functions. The Center combines high-tech and high-touch to optimize the expertise of the multidisciplinary team. The holistic approach ensures care for the patient and support for family members to help patients through their recovery and return to the highest possible quality of life and work. The aim is to get the patient back into the family home and community, living life as normally as possible.
The American Hospital Dubai has developed a comprehensive pediatric service with the introduction of new specialties and a growing team of US board certified (or equivalent) pediatric specialists. The pediatric team provides comprehensive care with outpatient and inpatient services, as well as 24-hour access to emergency care.

The 13-bed inpatient unit provides care with pediatricians undertaking regular rounds; this includes a high dependency area for children requiring more intensive observation and dedicated care. The outpatient clinics offer appointments made through easy access online and over the phone, as well as walk-in clinics. The team treats more than 2,000 patients every month at the dedicated clinics supported by a team of qualified pediatric nurses.

The hospital offers highly specialized expertise in pediatric surgery, pediatric endocrinology, pediatric hemato-oncology, supported by ENT and audiology specialists, ophthalmologists and dermatologists. The team uses neuroimaging techniques as well as other tools in the assessment of babies, to identify any possible abnormalities and the prediction of possible future neurodevelopment problems.
THE HEART AND VASCULAR CENTER

The Heart Center at the American Hospital Dubai is a regional center of excellence for cardiac care, providing American standards of care to patients in the UAE and the region. The Heart Center is capable of treating all types of cardiac conditions including interventional cardiology and surgery.

The Center is one of a small, select group of medical centers worldwide, and among the few private health care institution in the region, capable of undertaking advanced interventional and surgical procedures, such as minimally invasive cardiac surgery and beating heart bypass surgery. State of the art heart valve repair and advanced aortic arch procedures are further highlights provided by the Heart Center.

We are extending our innovative and pioneering services by being the first to offer an electrophysiology lab in Dubai.
THE NEUROSCIENCE CENTER

The Neuroscience Center at the American Hospital Dubai provides full neurological and neurosurgical services. This includes advanced neurological tests such as 3.0 and 1.5 Tesla MRI, MRA and MRV in addition to a 64 slice CT scanner and PET CT.

Our American Board certified neurologist has additional specialty interest in multiple sclerosis. Complex neurosurgical procedures are performed with the use of the Navigation system.

Brain and spine surgery are performed by our consultants and trained neurosurgeons. Acute rehabilitation support is provided by a team of consultant physician, physiotherapists, occupational and speech therapists.
THE DIALYSIS UNIT

The Dialysis Center at the American Hospital Dubai offers a feel-at-home ambiance while providing American health care standard with a highly trained medical staff and including:

- Comfortable Private rooms equipped with TV for each dialysis patient
- Fresensius dialysis machines incorporating BVM, BTM, OCM
- On-line monitoring of fluid status
- Hi-flux Dialysers for improved and faster dialysis using American guidelines of the Dialysis Outline Quality Initiative (DOQI)
- Comfortable waiting facility for family and friends
At the Cochlear Implant Center, we have a multidisciplinary team of audiologists, speech language pathologists, and educators. They work with children with severe to profound sensorineural hearing loss who are being evaluated for Cochlear Implantation (CI) and those who have undergone CI.

Families seeking CI for their child must understand the significance of this type of intervention which starts with a thorough CI evaluation. This is done to ensure that the child is an appropriate candidate, and that appropriate follow up is in place.

After a child has received an implant, ongoing care must ensure that a child’s hearing is optimized, that spoken language goals are met and that the family is prepared to advocate for the child.

SINUS ENDOSCOPY

The American Hospital Dubai has been a pioneer in introducing these new technologies and techniques in the Middle East. Using an advanced computer and infra-red navigation system, Dr. Muaaz Tarabichi has safely performed more than 1000 of these new procedures to relieve obstruction of the sinuses and the nasal cavities.
The Center’s mission is to prevent diabetes, increase public awareness of diabetes and to provide patients and their families specialised medical care, education, support and empowerment to allow a full, active and healthy life with the knowledge to enable effective self-management and disease control.

The Diabetes Center provides high quality of care for patients with endocrine diseases. This care is provided according to the standards recommended by international bodies.
MINIMALLY INVASIVE SURGERY

Surgeons have traditionally made an incision large enough to expose the internal organs that were to be operated on during the procedure.

Minimally invasive surgery is performed through small incision(s). This is made possible by the assistance of radiological guidance, nuclear guidance or other technologically advanced equipments such as optical camera (endoscope). When an optical camera is use to perform abdominal surgery the procedure is called Laparoscopy (or keyhole surgery). Three or more small incisions are usually made. This allows the surgeon to insert within the body the endoscope and the other surgical instruments.

The small incisions have a number of advantages for patients, including quicker recovery times, less pain and less scarring. Hospital stays are shorter, and patients generally resume normal activities much sooner than those undergoing open surgeries.

Minimally invasive procedures offer many options for both the physician and the patient including:

- Smaller incisions resulting in reduced pain and discomfort
- Minimal scarring because of buttonhole incisions.
- Greater surgical precision
- Enhanced visualization of the surgical site
- Less trauma
- Fewer complications
- Less blood loss and a decreased need for blood transfusions
- Reduced risk of infection
- Shorter hospital stays
- Less need for pain medication
- Return to normal activities sooner

Today the American Hospital Dubai offers the largest infrastructure for Minimally Invasive Surgical procedures in terms of the state-of-the-art equipment, trained surgeons, specialists and care givers.
The Department of Pathology and Laboratory Medicine (the Lab) at American Hospital Dubai is a full service laboratory staffed by nearly 40 professionals including pathologists, and clinical lab scientists. Committed to quality medical testing, it services a rapidly expanding medical staff of specialists with a myriad of testing needs and requirements. The Lab is accredited by the College of American Pathologists (CAP), the largest professional peer directed organization in the world dedicated to ensuring accurate results and best outcomes for every patient.

The Lab is at the forefront of testing in the UAE and the region, for newborn screening, vitamin D, and professional diagnostic and referral services for pap smears and gynecologic conditions, skin diseases (Moh’s surgery), gastrointestinal diseases, and cancer (including breast, skin, colon, and hematologic malignancies). The FACSCalibur™ Flow Cytometry system has been recently introduced to assist with the diagnosis of cancers and tumors, and the blood cells / leukemia.

The laboratory was awarded the “Arab Health Achievement and Innovation Awards, Specialist Achievement Award for Laboratory” in 2008. Patient safety is a top priority at the American Hospital Dubai and the laboratory plays a major part in guaranteeing the integrity of the entire testing cycle.

The services provided include:
- Cellular Pathology (Anatomic Pathology / Cytopathology)
- Biochemistry
- Microbiology (Bacteriology / Mycobacteriology / Mycology / Parasitology)
- Hematology and Coagulation
- Immunohematology and Transfusion Medicine
- Immunology
- Molecular Biology
MEDICAL IMAGING

The Medical Imaging Department offers state-of-the-art imaging technology with qualified and experienced personnel. It is well equipped to cater to a variety of patients’ radiological needs and provides vital support of almost all of the clinical specialties.

The organization and management of the Medical Imaging Department promote quality of patient care. Clinical direction is provided by the radiologists who are all physicians and members of the hospital medical staff. The radiologists, technologists and support staff work closely together to make sure that high quality imaging care is provided to all patients with sensitivity and professionalism. All services are available during business hours and emergency services are available 24 hours a day, 7 days a week.

The following diagnostic imaging services are provided:

- Advanced SPECT CT Scanner
- Magnetic Resonance Imaging (MRI), 3.0 and 1.5 Tesla
- Computed Tomography (64 slice CT scan)
- Nuclear Medicine
- PET/CT
- Ultrasound
- Diagnostic and therapeutic musculoskeletal interventions
- Mammography
- General Radiology (X-ray)
- Limited Angiography and Interventional Radiology
- Fluoroscopic Studies – Gastrointestinal and Urogenital
OBSTETRICS AND GYNECOLOGY SERVICES

- Maternal Medicine
- Advanced Laparoscopic Gynecological Surgery
- High risk pregnancy
- Menopause
- Pelvic repair
- Incontinence
- Management of complications of early pregnancy
- Management of ovarian cysts and fibroids
- Colposcopy
- Laparoscopic gynecological surgery
- STD’s

Epidural services provided by highly qualified anesthesiologists.
EMERGENCY DEPARTMENT

Emergency offers an integrated experience for full range of conditions. We have a collaboration with DCAS and accept patients from the Ambulance services.

Our doctors meet the same board certified standards you expect from American Hospital Dubai. We monitor patient experience, time to triage, to ensure that your unexpected medical needs are attended to promptly.

Emergency Department offers Services at two levels:

**Emergency Room**
Offers full emergency services with 20 bays, 24 hours per day supported by Urgent Care. Emergency Room Physicians are US Board Certified or Western Qualified, complemented with specialized nurses.
INTENSIVE CARE UNIT

Critical care medicine is a branch of medicine concerned with the provision of life support or organ support systems to patients who are severely ill and require intensive monitoring. Critical care medicine specialists provide dedicated, continuous care to critically ill, hospitalized patients.

At American Hospital Dubai there is a well equipped Intensive Care Unit staffed by a multinational staff of American boarded physicians in Critical Care Medicine, expert nurses and respiratory therapists using the latest and proven modalities in the management of shock and cardiopulmonary resuscitation. They also have extensive experience in caring for patients with:

- Respiratory failure
- Multisystem organ failure (including renal and hepatic)
- Sepsis
- Acute Myocardial Infarction (Heart Attack)
- Cardiac Failure
- Post operative Cardiac Surgery
- Central nervous system crisis (Stroke)

To meet the growing needs of our community, we have expanded our ICU capacity in 2017 to nineteen beds.
SCOPE OF SERVICES

• Ablation Therapy
  • Anesthesia
  • Audiology
  • Cochlear Implant
• Cardiac Surgery / Cardiac Catheterization
  • Cardiology
  • Cardiopulmonary
  • Dermatology
• Diabetes / Endocrinology
• Dietary Counseling
  • Endoscopy
  • ENT Surgery
• Gastroenterology / Hepatology
  • Hematology
  • General Surgery
  • Internal Medicine
  • Medical Imaging
• Minimally Invasive Surgery
• Nephrology / Dialysis
  • Neurology
  • Neurosurgery
• Obstetrics / Gynecology
• Oncology / Chemotherapy
  • Ophthalmology
  • Orthopedics
  • Palliative Care
• Pathology & Laboratory
• Pediatrics (Children)
  • Pediatric Surgery
• Pediatric Allergy and Asthma
• Plastic, Reconstructive and Cosmetic Surgery
  • Primary Care
  • Rheumatology
• Sports Medicine & Physical Therapy
  • Urology
  • Vascular Surgery
• 24 Hour Emergency Service
LOCATION MAP

+971 4 336 7777

Oud Metha

Coordinates
25°14’06.0” N
55°18’47.5” E

This map is approximate and is not to scale
For more information, please contact us on

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www.ahdubai.com
The first hospital in the Middle East to be awarded Joint Commission International Accreditation (JCI)
The first private laboratory to be certified by the College of American Pathologists (CAP)

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