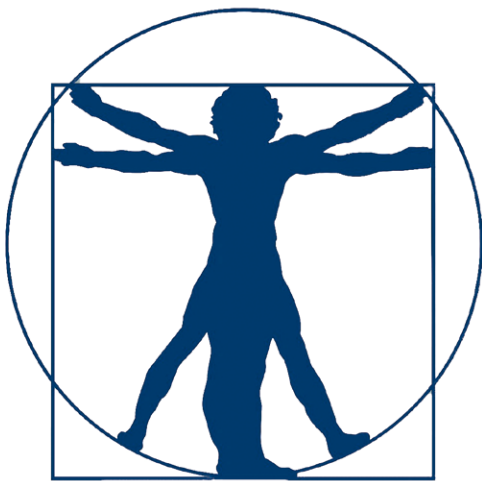


# AMERICAN HOSPITAL DUBAI



## REHABILITATION SERVICES DEPARTMENT



Delivering better health in the Middle East

## PHYSICAL THERAPY IS...

concern with identifying and maximizing quality of life and movement potential within the spheres of prevention, treatment / intervention, and rehabilitation.

This encompasses physical, psychological, emotional, and social well being.

All the therapists at AHD®-RSD are trained to meet International Physical therapy standards with many years of experience and a sense of Holistic medicine.

AHD®-RSD is set up to be the best in International treatments for our patients and provides standardized Physical therapy and processes.



## THE DEPARTMENT'S STAFF





## **POST-OPERATIVE TREATMENT:**

- Open Heart Surgeries
- Shoulder and Elbow Surgeries
- Hip- Knee- Foot Surgeries
- Hand Surgeries
- Spine Surgeries
- Total Joint Replacements
- External and Internal Fixators

## **TREATMENT AFTER:**

- Sports Injuries
- Acute/chronic Spine and Joint Pain
- Functional Disorder of the back
- Degenerative Back Diseases
- Acute/chronic Disc Protrusions
- Functional Muscle Disease
- Acute Rheumatism
- Osteoporosis
- RSI- Repetitive Stress Injuries
- ART- Active Release Technique
- Accidents/Injuries
- Acute/chronic Pain Syndromes
- Lymphatic edemas
- Heart Attacks
- ACL- PCL- Meniscus Repair
- Diabetes Mellitus
- Migraine and acute/chronic Headache
- Neural Function Diseases
- Visceral Function Diseases
- Stroke

## REHABILITATION UNIT SPECIALIZED IN:

- Cardiopulmonary Rehabilitation
- Neurological Rehabilitation
- Orthopaedic Rehabilitation
- Geriatric Rehabilitation
- Pediatric Rehabilitation
- Integumentary Rehabilitation
- Pain Management Rehabilitation
- Joint Replacement Rehabilitation
- Spine/- Disc Surgery Rehabilitation
- Trauma Rehabilitation
- Woman's Wellness
- Amputee/Prosthetic Rehabilitation
- Pre- Natal/Post- Partum care

## **WE WILL TREAT YOU WITH:**

- General Physiotherapy
- Manual Therapy
- Neuromuscular Therapy
- Sports Physiotherapy
- ART- Active Release Technique
- Manual Lymphatic Drainage
- Traction treatment
- Electro therapy
- Ultrasound therapy
- Magnet field therapy
- Heat/Ice therapy
- Medical training therapy
- Pediatric treatment
- Office/Workplace management
- All kinds of Rehabilitation

**AHD® - RSD**

**Label Physiotherapy**

**Movement Guaranteed**

**For appointments please call**

**Tel: +971-4-377-6830**

**For further inquiries please contact**

**Mr. Ihab Ali**

**Director of Rehabilitation Services**

**Physiotherapist (Germany)**

**Tel: +971-4-377-6592**

**Outpatient Working Hours**

**8:00 am - 8:00 pm**