

MOTHER & BABY'S REQUIREMENTS FOR STAY IN THE HOSPITAL



Delivering better health in the Middle East

MOTHER

- Night wear – hospital gowns provided
- Bath towels – hospital provides these
- Maternity pads – hospital provides at a charge (may bring your own)
- Disposable pants – hospital provides these
- Foot wear
- Nursing bra
- Breast pads
- Toiletries and personal items
- Camera / Video

BABY

<ul style="list-style-type: none">• Baby gowns• Towels• Blankets• Baby bath and oil	Hospital provides these (may bring your own)
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<ul style="list-style-type: none">• Baby wipes• Disposable nappies• Cotton wool	Provided at a charge (may bring your own)
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- Scratch mitts
- Socks / booties

If Artificially Feeding

- Pre-mix formula – provided at a charge

Discharge

- One set of clothes, blanket and wrap
- Car seat (practice putting this in car beforehand)