



The Hospital Where Quality And Trust Matter



Delivering better health in the Middle East

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The New Bed Tower

New 200 beds tower interconnects the rest of the campus for easy access. With Larger Emergency Department and 7 new fast track emergency Treatment Exam Rooms. New Joint Replacement Center of Excellence. Renovated Labor and Delivery Unit, with additional expansion of Medical imaging Department with a PET / CT scanner, complemented with Radiation therapy & Nuclear Medicine.

The American Hospital Dubai is a 143 bed, acute care, general medical/surgical hospital whose mission is to provide high quality American standard healthcare that will meet the needs and exceed the expectations of the people of Dubai, the UAE and the surrounding Gulf States.

The American Hospital Dubai was planned, designed, built and equipped to meet American Standards of healthcare.

We operate to these standards, every day, in everything we do for you. All of our physicians are American Board Certified or of equivalent Western training programs, such as those in Europe and the United Kingdom. We have ensured that we have the expertise to fulfill your medical requirements in comfortable and reassuring surroundings.



Emergency Department

Emergency Department offers Services at two levels:

Emergency Room

Offers full emergency services for 24 hours per day supported by Urgent Care. Emergency Room Physicians are US Board Certified or Western Qualified, complemented with specialized nurses.

Urgent Care

Offers Pediatric and Primary Care services between 10:00 to 22:00, as per urgency according to the evaluation of the Medical team.



Intensive Care Unit

Critical care medicine is a branch of medicine concerned with the provision of life support or organ support systems in patients who are severely ill and who require intensive monitoring. Critical care medicine specialists provide dedicated, continuous care to critically ill, hospitalized patients.

At American Hospital Dubai there is a well equipped Intensive Care Unit staffed by multinational staff of American boarded physicians in Critical Care Medicine, expert nurses and respiratory therapists using the latest and proven modalities in the management of shock and cardiopulmonary resuscitation. They also have extensive experience in caring for patients with:

- Respiratory failure
- Multisystem organ failure (including renal and hepatic)
- Sepsis
- Acute Myocardial Infarction (Heart Attack)
- Cardiac Failure
- Post operative Cardiac Surgery
- Central nervous system crisis (Stroke)



Sam Labi, MD.

Total Joint Replacement Center of Excellence

The American Hospital Dubai Total Joint Replacement Center of Excellence is the first in the Middle East, and only the fourth center to be established in the world, with others in Holland, Spain and Britain.

The Center serves physicians in the Middle East, Africa and the Mediterranean basin, with quality training in joint replacement, and hosts Dr Tarabichi a world-class surgeon, who provides consultation and training to fellow doctors and nurses.

The Center, with its extensive surgical expertise, is equipped with the latest technology, including the "Navigation System" to assist in the accuracy of joint replacement. This latest technology and the most extensive range of full or partial artificial joints are only available at the American Hospital Dubai. This allows Dr. Tarabichi to give special consideration to individual patients needs and ensures minimal surgical intervention.





Orthopedics & Sports Medicine

Dr. Harold Vanderschmidt





The Heart Center

The Heart Center at the American Hospital Dubai is a regional center of excellence for cardiac care, providing American standards of care to patients in the UAE and the region. The Heart Center is capable of treating all types of cardiac conditions including interventional cardiology and surgery.

The Center is one of a small, select group of medical centers worldwide, and among the few private healthcare institutions in the region, capable of undertaking advanced interventional and surgical procedures, such as minimally invasive cardiac surgery and beating heart bypass surgery. State of the art heart valve repair and advanced aortic arch procedures are further highlights to be provided by the Heart Center.



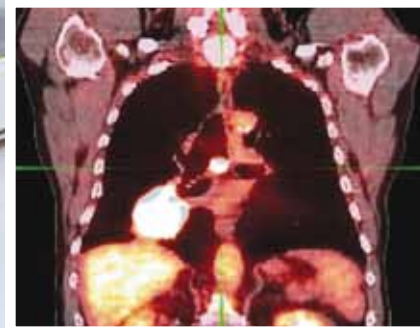


The Neuroscience Center

The Neuroscience center at the American Hospital Dubai provides full neurological and neurosurgical services. This includes advanced neurological tests such as 1.5 Tesla MRI, MRA and MRV in addition to a 64 slice CT scanner and PET CT.

EEG and Nerve conduction studies are provided by our American Board certified neurologist. Complex neurosurgical procedures are performed with the use of the Navigation system. Endoscopic Navigation Guided Trans nasal surgery for Pituitary tumors is regularly performed by our team of neurosurgeon and ENT surgeon.

Most aspects of Brain and spine surgery are routinely performed by our British trained neurosurgeon. Complex spine surgery such as artificial disc replacement and spinal fusion is also available and regularly done. Rehabilitation is provided by a team of physiotherapists, occupational and speech therapists when needed.



The Cancer Care Center

The Cancer Care Center at the American Hospital Dubai is a dedicated facility providing a range of Medical Oncology and Hematology services for all forms of cancers and blood disorders, with a dedicated team led by an American Board Certified Oncologist.

The new Cancer Care Center is designed to meet the needs of patients across the region and to deliver the highest standards of cancer care, with the latest treatment techniques and technology, supported by state of the art facilities.

UAE's most advanced and one of the best PET/CT imaging scanners in the world has been unveiled at the American Hospital Dubai to provide PET/CT services to patients. The ultra fast PET/CT (Siemens 64 slice PET/CT scanner) is exceptionally powerful imaging tool providing the most accurate diagnosis, staging of cancer, determining the early response of a cancer treatment and recurrence of cancer. It is also very helpful in diagnosing neurological conditions like Alzheimer's and other memory disorders. In addition to oncology and neurology, PET/CT also plays a vital role in cardiology patients in determining if the heart muscle is still alive (viable) after a heart attack.



The Dialysis Unit

The Dialysis Center at the American Hospital Dubai offers a feel-at-home ambiance while having an american health care standard with a highly trained medical staff and 5 star facilities including:

- Super comfortable Private rooms equipped with TV for each dialysis patient
- Fresenius dialysis machines incorporating BVM, BTM, OCM
- On-line monitoring of fluid status
- Hi-flux Dialysers for improved and faster dialysis Using American guidelines of the Dialysis Outline Quality Initiative (DOQI)
- Comfortable waiting facility for family and friends equipped with plasma screen TVs



Cochlear Implant Center of Excellence

At the Cochlear Implant Center, we have a multidisciplinary team of audiologists, speech language pathologists, and educators. They work with children with severe to profound sensorineural hearing loss who are being evaluated for Cochlear Implantation (CI) and those who have undergone CI.

Families seeking CI for their child must understand the significance of this type of intervention which starts with a thorough CI evaluation. This is done to ensure that the child is an appropriate candidate, and that appropriate follow up is in place.

After a child has received an implant, ongoing care must ensure that a child's hearing is optimized, that spoken language goals are met and that the family is prepared to advocate for the child.

Sinus Endoscopy

The American Hospital Dubai has been a pioneer in introducing these new technologies and techniques in the Middle East. Using an advanced computer and infra-red navigation system, Dr Muaz Tarabichi has safely performed more than 1000 of these new procedures to relieve obstruction of the sinuses and the nasal cavities.



The Diabetes Center of Excellence

The Center's mission is to reduce incidence of diabetes, increase public awareness of diabetes and to provide people with diabetes and their families specialist medical care and supervision, information and education, support and empowerment to allow a full, active and healthy life with the knowledge to enable efficient self-management and control of the disease.

The Diabetes Center of Excellence provides high quality of care for patients with endocrine diseases. This care is provided according to the standards recommended by international bodies - (American Diabetes Association, Diabetes UK, International Society for Pediatric and Adolescent Diabetes).



Minimal Invasive Surgery

Surgeons have traditionally made an incision large enough to expose the internal organs that were to be operated on during the procedure.

Minimal invasive surgery is performed through small incision(s). This is made possible by the assistance of radiological guidance, nuclear guidance or other technologically advanced equipments such as optical camera (endoscope). When an optical camera is use to perform abdominal surgery the procedure is called Laparoscopy (or keyhole surgery). Three or more small incisions are usually made. This allows the surgeon to insert within the body the endoscope and the other surgical instruments.

The small incisions have a number of advantages for patients, including quicker recovery times, less pain and less scarring. Hospital stays are shorter, and patients generally resume normal activities much sooner than those undergoing open surgeries.

Minimal invasive procedures offer many options for both the physician and the patient including:

- Smaller incisions resulting in reduced pain and discomfort
- Minimal scarring because of buttonhole incisions.
- Greater surgical precision
- Enhanced visualization of the surgical site
- Less trauma
- Fewer complications
- Less blood loss and a decreased need for blood transfusions
- Reduced risk of infection
- Shorter hospital stays
- Less need for pain medication
- Return to normal activities sooner

Today the American Hospital Dubai offers the largest infrastructure for Minimally Invasive Surgical procedures in terms of the state-of-the-art equipment, trained surgeons, specialists and care givers.



Pathology and Laboratory Medicine

The Department of Pathology and Laboratory Medicine (the Lab) at American Hospital Dubai is a full service laboratory staffed by nearly 40 professionals including pathologists, and clinical lab scientists. Committed to quality medical testing, it services a rapidly expanding medical staff of specialists with a myriad of testing needs and requirements. The Lab is accredited by the College of American Pathologists (CAP), the largest professional peer directed organization in the world dedicated to ensuring accurate results and best outcomes for every patient.

The Lab is at the forefront of testing in the UAE and the region, for newborn screening, vitamin D, and professional diagnostic and referral services for pap smears and gynecologic conditions, skin diseases (dermatopathology), gastrointestinal diseases, and cancer (including breast, skin, colon, and hematologic malignancies).

The laboratory was awarded the «Arab Health Achievement and Innovation Awards, Specialist Achievement Award for Laboratory» in 2008. Patient safety is a top priority at the American Hospital Dubai and the laboratory plays a major part in guaranteeing the integrity of the entire testing cycle.

The services provided include:

- Cellular Pathology (Anatomic Pathology / Cytopathology)
- Biochemistry
- Microbiology (Bacteriology / Mycobacteriology / Mycology / Parasitology)
- Hematology and Coagulation
- Immunohematology and Transfusion Medicine
- Immunology
- Molecular Biology



Medical Imaging

The Medical Imaging Department offers state-of-the-art imaging technology with qualified and experienced personnel. It is well equipped to cater to a variety of patients' radiological needs and provides vital support of almost all of the clinical specialties.

The organization and management of the Medical Imaging Department promote quality of patient care. Clinical direction is provided by the radiologists who are all physicians and members of the hospital medical staff. The radiologists, technologists and support staff work closely together to make sure that high quality imaging care is provided to all patients with sensitivity and professionalism. All services are available during business hours and emergency services are available 24 hours a days, 7 days a week.

The following diagnostic imaging services are provided:

- Magnetic Resonance Imaging (MRI)
- Computed Tomography (64 slice CT scan)
- Nuclear Medicine
- PET/CT
- Ultrasound
- Diagnostic and therapeutic musculoskeletal interventions
- Mammography
- General Radiology (X-ray)
- Limited Angiography and Interventional Radiology
- Fluoroscopic Studies – Gastrointestinal and Urogenital



Obstetrics and Gynecology Team

- Fetal and Maternal Medicine
- Advanced Laparoscopic Gynecological Surgery
- High risk pregnancy
- Menopause
- Pelvic repair
- Incontinence
- Management of complications of early pregnancy
- Management of ovarian cysts and fibroids
- Colposcopy
- Gynecological surgery
- STD's

Epidural services provided by highly qualified anesthesiologists.

Scope of Services

- Allergy / Immunology
- Audiology
- Cochlear Implant
- Vascular Surgery
- Cardiac Surgery / Cardiac Catheterization
- Cardiology
- Cardiopulmonary
- Diabetes / Endocrinology
- Dietary Counseling
- Endoscopy
- ENT Surgery
- Primary Care
- Gastroenterology / Hepatology
- Hematology
- General Surgery
- Internal Medicine
- Medical Imaging
- Nephrology / Dialysis
- Neurology
- Neurosurgery
- Obstetrics / Gynecology
- Oncology / Chemotherapy
- Ophthalmology
- Orthopedics
- Pathology & Laboratory
- Pediatrics (children)
- Dermatology
- Plastic, Cosmetic, Reconstructive and Maxillofacial Surgery
- Rheumatology
- Sports Medicine & Physical Therapy
- Urology / Lithotripsy (Kidney Stones)
- 24 Hour Emergency Service

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